



# The Scoop

For submissions or to be added to  
the mailing list, please email:  
[scoop@formannnd.com](mailto:scoop@formannnd.com)

Sargent County Fairgrounds

# Winter Storage Move Out

Saturday, April 13th

9a-11a

For more information, please contact a  
Fair Board member or email  
[sargentcofairboard@outlook.com](mailto:sargentcofairboard@outlook.com)



# SARGENT COUNTY

# FOOD PANTRY

## LOCATIONS

**Forman**  
**347 Main St.**  
**Forman Library**

**Mondays 4:00 - 6:00 pm**  
**Use Back Entrance**

**Gwinner**  
**104 Main St.**  
**Community Center**

**Tuesdays 1:00 - 4:00 pm**

Food assistance is available for any Sargent County resident who requests it. If your expenses are greater than your income due to a job loss, a medical crisis, etc., we are here to help you.



Contact:

Phone: 701-680-7049

[facebook.com/scfpnd](https://www.facebook.com/scfpnd)

[sargentcofoodpantry@gmail.com](mailto:sargentcofoodpantry@gmail.com)

Made with PosterMyWall.com

## Sargent County AA Meetings

Tuesdays at 7pm  
Methodist Church  
720 Main Street, Milnor ND

Thursdays at 8pm  
Gustaf Adolf Lutheran Church  
207 1<sup>st</sup> St SE, Gwinner ND



## **Sargent County District Health Announces Partnership with CredibleMind, Expanding Access to Convenient and Confidential Mental Wellbeing Resources for Local Residents**

*Using the CredibleMind platform, residents of Sargent County will receive 24/7 access to more than 10,000 science-backed mental health resources, personalized to their needs*

**Forman, ND.** (March 27, 2024) – [Sargent County District Health](#) today announces its commercial partnership with [CredibleMind](#), an intuitive platform offering local, wellness-oriented digital content that enables employees, healthcare providers, and community organizations to support consumer-centric engagement and provide personalized mental health resources. The partnership will make CredibleMind an accessible digital resource to the approximately 3,900 residents of Sargent County.

Founded in 2018 by Deryk Van Brunt and Marcos Athanasoulis, CredibleMind provides a complete population-based mental health ecosystem, including analytics reporting on service needs, use, and outcomes. Focusing on early intervention and prevention around mental health issues, CredibleMind contains over 10,000 evidence-based and science-backed resources in an effort to provide users with credible self-care options to improve their overall wellbeing without medical intervention.

"We are facing a mental health crisis in our country and the demand for mental health services is higher than ever," said Deryk Van Brunt, CEO of CredibleMind. "We are thrilled to partner with Sargent County District Health and provide on-demand, reliable self-care and mental health resources to help its local community members improve their overall wellbeing and flourish."

*For more information about Sargent County District Health visit [http://sargentnd.com/dept\\_district\\_health\\_unit.php](http://sargentnd.com/dept_district_health_unit.php) and for more information about CredibleMind, visit <https://www.crediblemind.com>.*

### **About CredibleMind**

CredibleMind enables payers, public health departments, employers, insurers, healthcare providers, and community organizations to provide their constituents with a comprehensive and holistic ecosystem for the prevention and early intervention of mental illness. Complete with assessments, education, and interventions that empower users to engage in mental wellbeing, each customized platform offers connections to local community resources and population-level analytics. For more information visit [www.crediblemind.com](http://www.crediblemind.com).



**Public Health**  
Prevent. Promote. Protect.  
Sargent County District Health

## CredibleMind: The One-Stop Shop for Mental Wellbeing Resources

**CredibleMind** is the free online platform that brings together expert-rated and vetted videos, podcasts, apps, online programs, books, and articles all in one easy-to-use place.

Confidential, anonymous, and available 24/7, with CredibleMind you can learn new skills, understand your own mental health, take a mental health assessment, and browse our library of thousands of mental wellbeing resources.

### CredibleMind covers over 200 topics including:

- Stress
- Burnout
- Anxiety
- Depression
- Relationships
- Mindfulness
- Resilience
- Coping with Medical Diagnosis
- Time-Management
- Happiness
- Sleep
- Parenting
- Grief and Loss
- Flourishing
- Substance Use
- Aging

**Get started today by signing up and taking a mental health assessment.**

### Some assessments you'll find on CredibleMind are:

- Is it Job Stress or Burnout?
- What's your Mental Health Profile?
- How Strong is Your Resilience Network?
- Is Caring for Others Taking a Toll on You?
- Is Your Mind Full or Are You Mindful?
- What's Your Meditation Style?

By signing up, you will have access to: past assessment results to track improvement over time, your favorite resources, and handpicked CredibleMind resources right to your email!

No matter what you are going through, CredibleMind has resources to help with science-backed evidence you can trust.

Visit [sargentnd.crediblemind.com](https://sargentnd.crediblemind.com) to get started



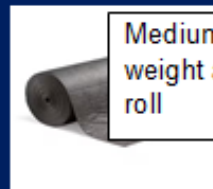
## Sargent County Museum Wish List for New Building

Here is your chance to purchase items that the museum will need for the new building going up in May 2024. If you would like to purchase an item please email at ([sargentcountymuseum@yahoo.com](mailto:sargentcountymuseum@yahoo.com)) or call Pat at 701-678-6847 (this is a landline) so we can mark it off our wish list.

3/8 in x 600 ft. black twisted Polyrop rope (need 2 rolls) This will go with our barriers to keep visitors out of areas. Maybe at other places, but Home Depot has it for \$70.09 a roll.



Polyrop rope



Medium or heavy weight absorbent mat roll

30 in w by 150ft roll of medium or heavy weight absorbent mat roll (want to use under vehicles to keep floor clean). Again can be found at Home Depot for \$149 a roll.

We are also looking for some black metal music stands that are not being used. They will become our easels and flipbook stands. We will fix them if they do not move or if they always slide down.



Wire Rope, 1/16 Wire Rope, Stainless Steel 304 Wire Cable, 328FT Length Aircraft Cable with 100pcs Sleeves Stops, 7x7 Strand Core, 368 lbs Breaking Strength This pkg is on Amazon for \$20.99

The wire rope needed is to hang the Bobcat fabric from the ceiling to highlight the Bobcats. Also, will be needing 3/4 inch conduit for this project not sure on amount yet. We may have other items in the future coming up. Arrangements will be made for drop off when you contact us.

We are still \$102,000 away from our goal for the building as we would like to build it. You can send checks to 8034 Hwy 32, Gwinner, ND 58040 c/o Pat Olofson. We are a 501 c3 non-profit organization so we can give you a sheet to show you gave to us for your taxes.

Thank You, Sargent County Historical Society



GA Men's Group

# BURGER & BRATS

Sunday Apr. 14<sup>th</sup>

GA Church, Gwinner, ND

11:00 – 12:30

Free will offering

Proceeds to go towards new exterior door in fellowship room



**CANCELLED**

# **HAVANA TURKEY DINNER**

**Havana, ND Civic Center**

**Sunday APRIL 14, 2024**

**SERVING 11 AM-1 PM**

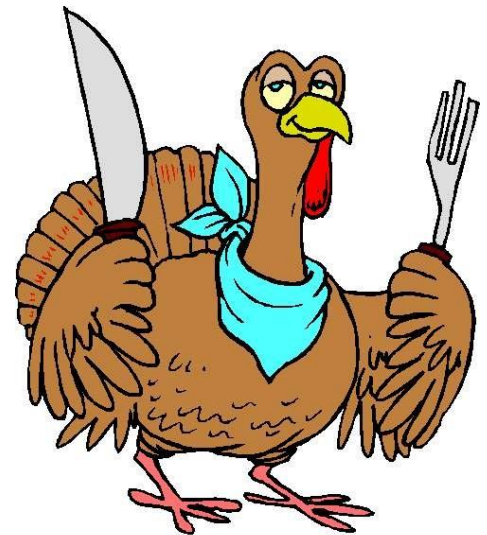
**Turkey, dressing, real mashed potatoes, gravy, corn, coleslaw,**

**Dessert, coffee, lemonade**

**Adults \$20**

**age 6-14 \$10**

**under 6 free**



EXTENDING KNOWLEDGE >> CHANGING LIVES



# Stop the Bleed – Sargent County

*Are you ready to respond to an active bleed injury on your farm or in your community? Learn how you can make a difference by attending Stop the Bleed!*

Stop the Bleed is a nationally recognized, 90-minute certification program that teaches participants to recognize life-threatening bleeding from injuries and how to intervene effectively by properly using a tourniquet in the event of blood loss caused by an injury.

Wednesday,

**April 17, 2024**

5:30 p.m. CST

**Gwinner Fire Hall  
4 1st St. SE, Gwinner, ND**

**FREE – Must Register by April 10  
Sessions limited to 20  
participants**

**Register at: [ndsu.ag/stb-sargent](https://ndsu.ag/stb-sargent)**

Or scan  
QR code:



**Who can participate:**

- Rural residents/communities
- Farm and ranch families
- Farm employees and seasonal laborers
- Emergency response personnel (*NCCR credits available*)
- Youth, ages 13 and older

**Participants will receive:**

- Farm and ranch related injury statistics
- Hands-on training from NDSU School of Nursing faculty
- Personal Stop the Bleed kits (*while supplies last*)
- Confidence and skills in tourniquet use



# SHEYENNE VALLEY VETERINARY SERVICE

## At Forman City Hall

**Dr. Kathy from Milnor will be here to administer vaccinations for your cats and dogs. No appointment necessary.**

**Please review your pet's vaccination history prior to attending.**

"Let's see now....  
what vaccinations are due?"



*All pets in the City of Forman are required to be licensed annually in accordance with city ordinances*



**Forman requires pet licenses.....**



**All Pets: \$10**



*After Clinic—\$15*

Wednesday  
April 24

Pet clinic hours  
4:30 PM to 6:00 PM



**Spring Craft and Vendor Show**  
**Saturday, April 27, 10 – 2**  
**NS Activity Center – Gwinner ND**

**Great time to grab something for  
your special graduate or  
Mom for Mother's Day**

**22 Vendors will be on hand!**

**Join us for lunch, shopping and  
socializing!**

**Maybe even win a door prize!**

[SeneGence](#)

Holistic Healing

Paparazzi

[PaperPie](#)

Dorreen's Designs

The Craft Cove

Scentsy

Norwex

Rustic 3

Jabo

[Alivia's Barkery](#)

[Leepas Treats](#)

Tupperware

Beauty Counter

Dash Apiary

[Stampin Up](#)

Homesteader Hemp

[Doterra](#)

Pampered Chef

MQ's Rock Shop

MT Crafting

Beautiful & Brazen Boutique

The No Name Players proudly present:

# Blazing Guns at Roaring Gulch

or... The Perfumed Badge

By Shubert Fendrich



## Lisbon Opera House

413 Main St,  
Lisbon, ND

Produced by special arrangement with Pioneer Drama Service, Inc., Englewood, Colorado

### April 25, 26, 27 and 28, 2024

Thursday, Friday and Saturday	7:30 PM	\$10
Sunday matinee performance	2:00 PM	\$10
<u>Limited Gallery Seating</u> all performances		\$13
<i>Five and under <u>FREE</u></i>		

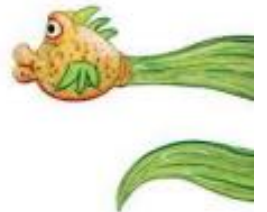
### Admission sold at the door.



# Don't Pout!

## Broderick Wesley

is finally here!



Come join us to meet and mingle in celebration of  
Broderick Layman born on October 22nd

**May**

**4**

**Saturday**

From 1:00pm-4:00pm  
Rachael Hoistad's Home  
209 Fairway Drive  
Forman, ND 58032



**Baby of Max and Becky Layman**



## The Strand Theatre, Britton SD

703 Main Street

[www.strand-theatre-brittonsd.com](http://www.strand-theatre-brittonsd.com)

*Ticket cost: \$6 adult*

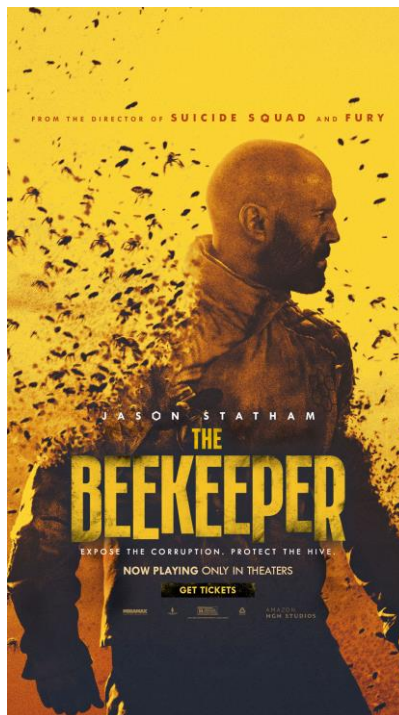
*\$4 youth (12 years and under)*

*UNDER 4 years old is FREE.*

# Beekeeper

April 12 - 14, 2024

7:30 p.m. Friday - Sunday



Star Sponsor: Anonymous Supporters of the Strand Theatre

**Gustaf Adolf Lutheran Church**

701-678-2552  
galutheranchurch@outlook.com  
207 1st St. SE  
Gwinner, ND  
[www.galutheranchurch.org](http://www.galutheranchurch.org)  
*Pastor Jaime Decker*



**This week's calendar 04/07/2024 thru 04/14/2024**

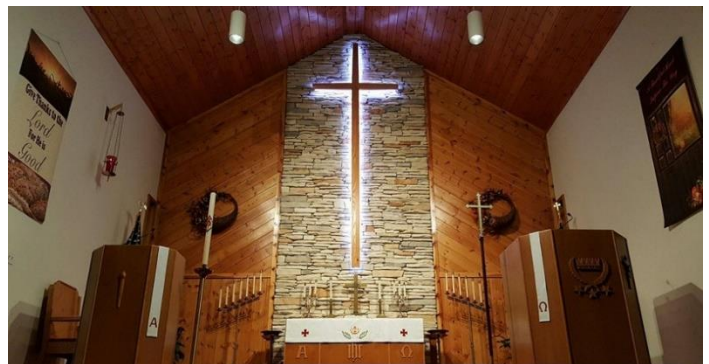
Sunday	9:30 AM	Worship Service w Communion, Holy Humor Sunday – Pastor Jaime Decker
Wednesday		Confirmation Church Council Meeting
Thursday	9:00 AM	Bits N' Stitches Quilting
	2:30 PM	Ruth Circle

**Next week's calendar 04/14/2024 thru 04/21/2024**

Sunday	9:30 AM	Worship Service w Communion, Make-A-Change Sunday – Pastor Jaime Decker Baptism of Amelia Hejtmanek
Tuesday	6:30 PM	Book Study
Wednesday		Confirmation
Thursday	9:00 AM	Bits N' Stitches Quilting
Sunday	9:30 AM	Worship Service w Communion– Pastor Jaime Decker & Deacon Erin Powers

**Zion Lutheran Church**

701-678-2401  
[zionwinner@gmail.com](mailto:zionwinner@gmail.com)  
420 1st St. SE  
Gwinner, ND  
[www.zionwinner.org](http://www.zionwinner.org)  
*Pastor Mike Grieve*



<b>Sunday</b>	9am Catechesis 10am Divine Service with Holy Communion
<b>Wednesday</b>	9am Catechesis

**St. Vincent's Catholic Church**

302 ND Hwy 13  
Gwinner, ND  
Ph: 701-678-2239  
riley.durkin@fargodiocese.org

*Rev. Riley Durkin*



**Mass times: 10 am Sunday**

Starting August 26, there will be Saturday mass at 7pm and Sunday mass at 10am.  
The last Saturday of the month will have a Saturday evening mass at 7pm.

**St. Arnold's Catholic Church**

107 3rd Street  
Milnor, ND  
Ph: 701-427-9288  
Email: starnolds@drtel.net

*Pastor Fr. Troy Simonsen*



**Sunday Mass:**

8:30 a.m. (Feb-Apr-Jun-Aug-Oct-Dec)  
10:30 a.m. (Jan-Mar-May-Jul-Sep-Nov)

**Thursday Mass:**

9:00 a.m.

**United Methodist Church**

720 Main St  
Milnor, ND  
Ph: 701-427-9401

*Rev. Tiana Bohn*



*September through May*

Worship services every Sunday at 9 am with fellowship at 10 am

April 10, 2024

### **TNT Parish Churches**

*Trinity Lutheran Church* 410 Cedar Ave, Forman  
*Trinity Lutheran Church* 411 2nd St, Havana  
*Nordland Lutheran Church* 311 Cooper St, Rutland  
[www.tntparish.org](http://www.tntparish.org)  
Pastor Julie Johnson

**WEDNESDAY, APRIL 10** 3:30 pm - TNT Confirmation at Trinity/Forman  
5:30 pm - Nordland Council meets at the church

**SATURDAY, APRIL 13** 5:00 pm - Nordland Worship

**SUNDAY, APRIL 14** 8:00 am - Havana Trinity Worship  
10:30 am - Trinity/Forman Worship

**WEDNESDAY, APRIL 17** 3:30 pm - TNT Confirmation at Trinity/Forman

**SATURDAY, APRIL 20** 5:00 pm - Trinity/Forman Worship

**SUNDAY, APRIL 21** 8:00 am - Havana Trinity Worship  
9:00 am - Nordland Worship  
10:00 am - Nordland Sunday School



THE SCOOP



### **St. Mary's Catholic Church**

484 4<sup>th</sup> St SW  
Forman, ND  
Ph: 701-724-3319  
[www.stmarysforman.org](http://www.stmarysforman.org)  
Email: 4steeples@drtel.net  
Rev. Timothy Schroeder



Fall/Winter Schedule  
~ Sundays - Mass at 11am ~

### **Nazareth Lutheran Church**

524 5th Street  
Cogswell, ND  
[nlccogswell@drtel.net](mailto:nlccogswell@drtel.net)  
Find and follow Nazareth on Facebook  
--- search for Nazareth Lutheran Church, Cogswell ND



**\*Church Service-Sundays 8:30am followed by Sunday School & Fellowship\***

**\*Join us for coffee and fellowship Wednesday Mornings at 9:00 am\***



**Oakes Methodist Church**

210 S 6<sup>th</sup> St

Oakes, ND

Ph: 701-742-2925

www.oakesunitedmethodistchurch.com

Pastor Mark Britton



Sundays - Worship 9am followed by coffee & fellowship

Rise Up & Pray

**Women's Retreat**

**Saturday, May 18 - Sunday 19, 2024**

**Coteau des Prairies Lodge, Havana**

Leaders

Pastor Julie Johnson and Rachael Hoistad

Bobby Maly, Jess Rasmussen

Shelby Johnson, & Peder Gulleeson

If you wish to stay at the Lodge, contact: Olivia 701-680-1175

Cost: Private Room \$150 or share a room & cost with others Breakfast included

Saturday Check-in 9:00 - 9:45 am

9:45 am Welcome followed by  
Opening Worship & Music

12:30 pm Lunch

2:00-4:00 pm Prayer Stations

4:30-5:15 pm Worship & Music

6:00 pm Dinner ~ ~ Free Time

Sunday 9:30-10:00 am Coffee

9:30-10:15 am Prayer Stations

10:15-11:30 am Worship & Music



Hosted by  
TNT Parish

Registration

\$25 just lunch & \$45 lunch & dinner

Registration includes 1 or 2 meals  
and retreat materials

Text / Call

Rachael Hoistad 701-680-2404 by May 3rd

Supplemental Funds from Thrivent

### *Curtis Larson*

Curtis Roger Larson was born May 8, 1948 in Crookston, MN to John A. and Clarinda (Lewis) Larson and lived on the family farm in rural Fertile, MN until he graduated from Fertile High School in 1966. He attended one year at Moorhead State University in Moorhead, MN and then transferred to North Dakota State University, Fargo, ND. He met Renee Sundquist at NDSU, Fargo and they were married on May 1, 1971 at Trinity Lutheran Church, Forman, ND. They have two children: Melissa and Kristian. Curt started his career at White Drug, Fargo, ND. In 1973, Curt and Renee moved to Alexandria, MN where Curt became the Assistant Manager at White Mart. Curt and Renee moved to Evansville, MN in 1979 where they owned a hardware store. In 1983, they moved back to Alexandria when Curt purchased RV Graphics, a small job printing company.



In 1993, Curt began his public ministry as a youth worker and assistant to the pastor at Osakis Lutheran Church. After several years of study, Curt was commissioned as an Associate in Ministry in December, 1996. Curt left Osakis in January 1997 and moved with Renee and family to Longview, WA where Curt was the Church Administrator and Adult Education Director at Emmanuel Lutheran Church. In February 2001, Curt was called to serve at St. Paul's Lutheran Church, Lowry, MN. In November, 2007, Curt was called to serve Milnor Lutheran, Milnor, ND and Immanuel Lutheran, rural DeLamere, ND where he served until his retirement from full-time ministry on December 31, 2012. Curt and Renee moved to their retirement home in Forman, ND.

After retirement, Curt and Renee became members of Nordland Lutheran Church, Rutland, ND and Trinity Lutheran Church, Forman, ND. Curt was a substitute school bus driver for Sargent Central School, Forman, ND for several years. Since 2012, Curt has provided pulpit supply preaching in area churches and short-term interim positions at Nordland Lutheran, Rutland, ND, Havana Trinity, Havana, ND and at Epiphany of Christ Lutheran, Apache Junction, AZ. Since 2013, Curt and Renee have spent their winters in Apache Junction, Arizona, where they both have been actively involved as associate members of Epiphany of Christ Lutheran Church. They both have been involved in activities at Ironwood RV Park and Golden Vista Resort Community, Apache Junction, AZ. They purchased a park model home and lot at Golden Vista.

Early in his young life, Curt became a sports fanatic, first attending local town team baseball games with his dad. All through his life, Curt loved sports; coaching little league baseball and elementary basketball, was a basketball official, enjoyed watching high school sports, was a diehard fan of the Minnesota Vikings and Minnesota Twins, and attending home NDSU Bison football games with his son, Kris. Curt enjoyed vegetable gardening and became a Master Gardener in Sargent County. He volunteered his gardening knowledge at the Four Seasons Healthcare Center, Forman and with the Forman Community Orchard and Community Garden

projects. He also loved to work on the computer, read mystery novels, work in his woodworking shop and work in his gardens.

Curt and Renee loved to travel and camp in Minnesota State Parks and at KOA parks throughout the country. Their love of camping was passed down to their children and a new experience of spending a week of camping with their children and grandchildren began in 2016. Curt and Renee travelled to Germany and to Norway several times, visiting with cousins and doing genealogical searches.

Survivors include his wife, Renee, married for 52 years; his daughter, Melissa (Dave) Cox, Redmond, WA; and his son, Kris Larson, Fargo, ND; and 6 grandchildren: Elise, Nora, Cayley and Trina Cox; Aidin Faut; and Karina Larson; two sisters, JoAnn (Joie) Heckman, Valley City, ND; Anna Jean Larson (Joe Dinich), Cherry Hill, NJ & Tucson, AZ; brother-in-law, Gerald Sundquist; brother-in-law, Colin (Colleen) Sundquist; sister-in-law, Lynette (Kevin) Anderson; sister-in-law Bev Sundquist; numerous nieces, nephews, cousins and friends.

Preceding him in death are his parents, brother, Sheldon Larson, numerous uncles, aunts and cousins.

A memorial service will be held on Saturday, April 27, 2024 at 10:30 a.m. at Trinity Lutheran Church in Forman. Curt's service will be live streamed on the Dahlstrom Funeral Home website [www.dahlstromfuneralhome.com](http://www.dahlstromfuneralhome.com) on his obituary page.

Blessed be the memory of Curtis (Curt) Larson.

# Farmers Inn, Havana ND

## Build your own Breakfast

Pancakes— \$2.00 each

Hash Browns—\$2.00

\*\*Eggs— 2 for \$1.00

Toast—2 for \$1.00

Sausage Patties—2 for \$3.00

Sausage Links —3 for \$2.00

Bacon— 3 -\$2.50

French Toast 2 -\$3.00

## Beverage List \$2.00 each

Coffee— Regular & Decaf

Milk                      Orange Juice

Soda Pop

\*\* Cooked to order— Consuming raw or under-cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.



## Lunch Menu

\*Hamburger—\$5.50

\*With Cheese \$5.75

\*Bacon Cheeseburger \$6.00

\*Jalapeno Bacon Cheeseburger \$6.75

Crispy Chicken Sandwich \$5.50

French Fries \$3.00

Chicken Strip Basket (with Fries & Toast) \$8.00

## Children's Menu

Cheese Quesadilla \$5.00

\*Kids Burger & Fries \$5.00

## Dinner Menu

\*Patty Melt—\$7.00

Plus all items from Lunch Menu

\* Cooked to order— Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

*Weekly Specials*

can be found on Facebook

Search for Havana Farmers Inn